



National Apostolate for  
Inclusion Ministry

### Limited Availability of Materials

**Harmony**  
Spiral and Paper Bound  
\$15 plus \$5 shipping and  
handling

Order from

National Apostolate for  
Inclusion Ministry  
PO Box 218  
Riverdale, MD 20738

See Publications Page on  
NAFIM website to order by  
mail using order form or  
through PayPal

### Reaching Out

Spiral Bound

To Order by Phone Call  
Joann Davis  
1.517.787.1189

\$15 plus \$5 shipping and  
handling

National Apostolate for  
Inclusion Ministry  
P.O. Box 218  
Riverdale, MD 20738  
phone: 800.736.1280  
email: qnafim@aol.com

[www.nafim.org](http://www.nafim.org)

*Envisioning a Catholic Church Where People with Intellectual/Developmental  
Disabilities Are Welcomed for Their Gifts and Their Presence*

## Harmony: Practical Guide for Adults

By Sister Monica Mary Gacke, OSF

**Harmony**, 1989, is an adapted Catholic faith formation program for adults with intellectual/developmental disabilities based on **Your Faith – A Redemptorist Pastoral Publication**, 1976, with *Imprimatur* from both England and the United States. **Harmony** was written for an adult religion program at St. Coletta School for the Developmentally Disabled in Jefferson, Wisconsin. One hundred sixty-five adults between the ages of 21 and 70 participated; some participants were non-verbal. Since the classes were held in group homes, thus fostering a community spirit, there were no aides or helpers. It can be used as an introduction to the Catholic faith or as adapted materials during R.C.I.A. preparation.

The program consists of a copy of **Your Faith**, as a resource for the catechist, the **Harmony** lesson guide, an audio tape of recorded songs for each lesson sung by The Voices of St. Coletta, and a sheet with the words to the songs. Although the appearance of the guide is dated, the methodology and faith lessons remain fresh and very helpful to a catechist new to faith formation with people with intellectual/developmental disabilities.

The Harmony lesson guide (19 lessons) is spirited, creative and flexible. It contains reproducible adult activities, prayer progression – both group and silent, taped songs for teaching and enjoyment, and the faith message. The format of the lesson guide is explained and suggested times are given for each part of the lesson. Three areas of faith learning and growth are presented. Each lesson in the guide has eight pages.

- *Faith Development:* ( 9 lesson guides) Who is Jesus; God's House; The Father; The Son; The Spirit; Church; Bible; Mary; and Heaven.
- *Liturgical Seasons:* (3 lesson guides) Advent; Lent; and Easter.
- *Sacramental Life:* (7 lesson guides) Introduction to the Sacraments; Baptism; Confirmation; Holy Eucharist; Reconciliation; Anointing; and Matrimony and Holy Orders.

### Reaching Out

By Joann Davis

In 1992, Joann Davis of the Diocese of Lansing issued a student handbook for **Harmony** for the special religious education program in Jackson, Michigan. It consists of the reproducible handouts found in **Harmony**, the words to the songs on the tape, as well as numerous other supplemental activities and projects developed by Ms Davis. There is an index of prayers found in **Reaching Out** as well as a protocol for preparing to receive the Holy Bread of the Eucharist. It provides class support activities for the home helper.

© 2009 National Apostolate for Inclusion Ministry. All Rights Reserved. Exact copies of this Information Sheet may be made for personal use or for distribution in a diocese or local congregation provided the material is distributed free of charge. For all other uses, permission must be obtained from the National Apostolate for Inclusion Ministry.